RURAL FOCUS INITIATIVE-UGANDA (RUFI-U).

<p>| | |</p>
<table>
<thead>
<tr>
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<tbody>
<tr>
<td><strong>CURRICULUM FOR TAILORING &amp; GARMENT CUTTING</strong></td>
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<tr>
<td>Duration of course</td>
<td>6 1/2 months</td>
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<tr>
<td>Essential Theory hours</td>
<td>- hrs</td>
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<tr>
<td>Essential Practical hours</td>
<td>- hrs</td>
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Introduction to the course
Clothing is one of the basic needs of human being people one becoming fashion conscious. With change in fashion & style, the stitching of garment also changes. Hence keeping in view the market demand and change of fashion technology, courses on cutting, tailoring & dress making have been suitably designed in the structure of non formal education. The beneficiaries are new literates and people with low education levels. Besides tailoring can be a vocation for self employment.

Objective
- To provide knowledge & training in use of tools & equipments used in tailoring trade, sewing terminology among the youth especially those out of school.
- Taking correct body measurements
- Basic hand & machine stitches
- Designing, drafting & pattern making
- Layout & fabric estimation
- Cutting, tailoring & finishing of garments for children, ladies & gents.
- Alteration, defects & remedies to fitting problems.
- Processes of quality control, packaging, labelling, marking, costing & promotion.
- Sourcing of fabrics, trends & relating so servicing process.
- Skill to construct professional looking garments.
- Enhancing employability & entrepreneur skills.

Entry Requirements
- Able to interpret the measurements Preferably able to count numbers and recording them
- The minimum age limit for trainee is 16 years but there is no upper age limit.
- Committed to learning

Competencies: -
- Identify and take care of the various tools and equipment used in cutting and tailoring.
- Identify and practice basic (temporary and permanent) and decorative stitches.
- Take body measurements (length width and circumference) systematically and follow necessary precautions.
- Master the use of sewing machine and take care of the machine.
- Follow precautions while using a machine. Identify and correct the defects in a machine. Identify and correct the defects in a machine.
- Make different types of piping, facing and pockets and attach buttons, button hole etc.
• Select fabric and appropriate colour combinations according to age, tradition, Vocation and personality.
• Follow rules of pattern making, layout and fabric estimation
• Fold, iron, pack and cost evaluation of stitched garment.
• Marking and storing of drafts and patterns for future use.

**Job opportunities:**
After completing the course one can get employment in garment manufacturing unit or get self employed by opening a tailoring shop or work at home.

**Wage employment:** Can get employment as cutter/tailor/checker/designers in garment manufacturing industries/tailoring shops/tailoring units in govt. sector of public sectors like jails /hospitals etc. can get employments as instructor in educational institutes.

**Self employment:** can open his/her own tailoring shop or can do tailoring work at his/her own house or can take up orders work from factories.
## Scheme of Study

### Tailoring and Garment Cutting Module

<table>
<thead>
<tr>
<th>Duration</th>
<th>Module</th>
<th>Module Unit</th>
<th>Materials Required</th>
<th>Learning Assignment</th>
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</thead>
<tbody>
<tr>
<td>Week 1 &amp; 2</td>
<td>Machine</td>
<td>• Treading</td>
<td>• Cement empty sacks</td>
<td>Identify machine parts</td>
</tr>
<tr>
<td></td>
<td>operation</td>
<td>• Threading</td>
<td>• Machine needles</td>
<td>Identify needle parts</td>
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<tr>
<td></td>
<td></td>
<td>• Straight lines</td>
<td>• Machine oil</td>
<td>Thread of Machine</td>
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<tr>
<td></td>
<td></td>
<td>• Curved lines</td>
<td>• Training facility</td>
<td>Learn how to tension lower and upper tension</td>
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<tr>
<td></td>
<td></td>
<td>• Squire lines</td>
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<td>Learn how to oil the machine</td>
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<td>• Oiling and Simple Maintenance</td>
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<tr>
<td>Week 3</td>
<td>School uniform</td>
<td>• Sac Dress</td>
<td>• Blended poplin</td>
<td>Take measurement</td>
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<tr>
<td></td>
<td></td>
<td>• Pinafore</td>
<td>• Thread</td>
<td>Draft front and back parts</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>• Machine needles</td>
<td>Draft Front yokes</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>• Measuring tape</td>
<td>Draft Sleeves and pockets</td>
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<tr>
<td>Week 4 &amp; 5</td>
<td>Shirts</td>
<td>• Short sleeved and long sleeved shirts</td>
<td>• Printed fabrics</td>
<td>Take measurements</td>
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<tr>
<td></td>
<td></td>
<td>• Kitenge fashion shirts</td>
<td>• Threads</td>
<td>Draft back and front parts</td>
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<tr>
<td></td>
<td></td>
<td>• Mandela fashion shirts</td>
<td>• Interfacing</td>
<td>Draft yoke piece</td>
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<td></td>
<td>• Buttons</td>
<td>Draft sleeves and pockets</td>
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<tr>
<td>Week 6 &amp; 7</td>
<td>Skirt</td>
<td>• A line skirt</td>
<td>• Sun flag materials</td>
<td>Take measurements</td>
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<td></td>
<td></td>
<td>• One piece</td>
<td></td>
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<tr>
<td>WEEK 8 &amp;9</td>
<td>Pleated skirts</td>
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<tr>
<td></td>
<td>Knife pleated skirts</td>
<td>Interfacing, Elastic, Threads, Zips, Buttons</td>
<td>FL, WST, HIPS, Draft and cut pieces equally according to fashion</td>
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<tr>
<td></td>
<td>Box pleated skirts</td>
<td></td>
<td>Square the materials, Identify sides, Interpret the measurements on materials</td>
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<tr>
<td></td>
<td>Inverted pleated skirts</td>
<td></td>
<td>Waist bands, Draft waist band on straight grain</td>
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<tr>
<td></td>
<td>Sun flag materials, Stiff paper, Zips, Buttons, Threads</td>
<td></td>
<td>Take measurements, Waist band, Draft parts, Practical exercise</td>
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<td>Take measurements, Full length, Waist</td>
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<td>Draft part, square the materials, Identify sides, Interpret the measurements on materials</td>
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<td></td>
<td>Waist band, Draft waist band on straight grain, Cut out waist band</td>
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<td>Fix stiff paper</td>
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</tbody>
</table>
| WEEK 10-14 | Gomes                  | • Full Gomes  
• Half Gomes  
• Fish fashion Gomes | • Printed fabrics  
• Blended polyester  
• Mudaliso  
• Buttons  
• Threads | • Take measurements  
• Draft /cut out yoke  
• Draft sleeves and skirt  
• Practical exercise  
• Take measurements  
• Full length  
• Yoke width  
• Draft cut yoke  
• Square the materials  
• Identify sides  
• Interpret the measurements on materials  
• Draft sleeves  
• Apply standard measurements for sleeves |
|-------------|-----------------------|-------------------------------------------------|-------------------------------------------------|-----------------------------------------------------------------|
| WEEK 15-17  | Shorts and trouser    | Elastic pajamas  
Elastic back short  
Normal short with buttoned fly  
Normal short with zipper fly  
Trouser with turn up hem  
Trouser with plain hem | Sun flag materials  
White blended poplin  
Lining fabric  
Faster(zip, button, hook& eye) Thread | • Take measurements  
• Draft front and back parts  
• Practical exercise  
• Take measurements  
• Full length  
• Waist Button width |
| WEEK 18-20  | Mushanana on mark/fashion | Sleeveless tops  
Dress tops | Printed fabrics  
Nylon materials  
Mudaliso | • Take measurements  
• Draft skirt and |
<table>
<thead>
<tr>
<th>Week</th>
<th>Category</th>
<th>Materials/Activities</th>
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</thead>
<tbody>
<tr>
<td>21-24</td>
<td>Sleeveless blouses and party fashions</td>
<td>Fasteners Threads • Satin materials • Mix and match • Kitenge materials • Stiff paper • Blended poplin • Fasteners • Threads</td>
</tr>
<tr>
<td>25-26</td>
<td>Financial management (Entrepreneurship skills)</td>
<td>Book keeping • -Business consultant • -flip charts • -marker pens</td>
</tr>
</tbody>
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- top PEX
- • Take measurements
- • Full length of blouse
- • Chest
- • Back
- • Draft skirt
- • Full length
- • Waist
- • Take measurements
- • Draft measurement
- • Draft back and front parts
- • PEX
- • Full length
- • Burst
- • Chest
- • Waist
- • Hip
- • x-back/yoke
- • To record the income and expenditure