

RURAL FOCUS INITIATIVE-UGANDA (RUFU-U).



CURRICULUM FOR TAILORING & GARMENT CUTTING

Duration of course	6 1/2 months
Essential Theory hours	- hrs
Essential Practical hours	- hrs

Introduction to the course

Clothing is one of the basic needs of human being people one becoming fashion conscious. With change in fashion & style, the stitching of garment also changes. Hence keeping in view the market demand and change of fashion technology, courses on cutting, tailoring & dress making have been suitably designed in the structure of non formal education. The beneficiaries are new literates and people with low education levels. Besides tailoring can be a vocation for self employment.

Objective

- To provide knowledge & training in use of tools & equipments used in tailoring trade, sewing terminology among the youth especially those out of school.
- Taking correct body measurements
- Basic hand & machine stitches
- Designing, drafting & pattern making
- Layout & fabric estimation
- Cutting, tailoring & finishing of garments for children, ladies & gents.
- Alteration, defects & remedies to fitting problems.
- Processes of quality control, packaging, labelling, marking, costing & promotion.
- Sourcing of fabrics, trends & relating so servicing process.
- Skill to construct professional looking garments.
- Enhancing employability & entrepreneur skills.

Entry Requirements

- Able to interpret the measurements Preferably able to count numbers and recording them
- The minimum age limit for trainee is 16 years but there is no upper age limit.
- Committed to learning

Competencies: -

- Identify and take care of the various tools and equipment used in cutting and tailoring.
- Identify and practice basic (temporary and permanent) and decorative stitches.
- Take body measurements (length width and circumference) systematically and follow necessary precautions.
- Master the use of sewing machine and take care of the machine.
- Follow precautions while using a machine. Identify and correct the defects in a machine. Identify and correct the defects in a machine.
- Make different types of piping, facing and pockets and attach buttons, button hole etc.

- Select fabric and appropriate colour combinations according to age, tradition, Vocation and personality.
- Follow rules of pattern making, layout and fabric estimation
- Fold, iron, pack and cost evaluation of stitched garment.
- Marking and storing of drafts and patterns for future use.

Job opportunities:

After completing the course one can get employment in garment manufacturing unit or get self employed by opening a tailoring shop or work at home.

Wage employment : Can get employment as cutter/tailor/checker/designers in garment manufacturing industries/tailoring shops/tailoring units in govt. sector of public sectors like jails /hospitals etc. can get employments as instructor in educational institutes.

Self employment: can open his/her own tailoring shop or can do tailoring work at his/her own house or can take up orders work from factories.

SCHEME OF STUDY

TAILORING AND GARMENT CUTTING MODULE				
DURATION	MODULE	MODULE UNIT	MATERIALS REQUIRED	LEARNING ASSIGNMENT
WEEK 1 & 2	Machine operation	<ul style="list-style-type: none"> • Treading • Threading • Straight lines • Curved lines • Squire lines • Oiling and Simple Maintenance 	<ul style="list-style-type: none"> • Cement empty sacks • Machine needles • Machine oil • Training facility 	<ul style="list-style-type: none"> • Identify machine parts • Identify needle parts • Thread of Machine • Learn how to tension lower and upper tension • Learn how to oil the machine
WEEK 3	School uniform	<ul style="list-style-type: none"> • Sac Dress • Pinafore 	<ul style="list-style-type: none"> • Blended poplin • Thread • Machine needles • Measuring tape 	<ul style="list-style-type: none"> • Take measurement • Draft front and back parts • Draft Front yokes • Draft Sleeves and pockets
WEEK 4 & 5	Shirts	<ul style="list-style-type: none"> • Short sleeved and long sleeved shirts • Kitengi fashion shirts • Mandela fashion shirts 	<ul style="list-style-type: none"> • Printed fabrics • Threads • Interfacing • Buttons 	<ul style="list-style-type: none"> • Take measurements • Draft back and front parts • Draft yoke piece • Draft sleeves and pockets
WEEK 6&7	Skirt	<ul style="list-style-type: none"> • A line skirt • One piece 	<ul style="list-style-type: none"> • Sun flag materials 	<ul style="list-style-type: none"> • Take measurements

		skirt <ul style="list-style-type: none"> • Three piece skirt • Six piece skirt • Eight piece skirt 	<ul style="list-style-type: none"> • Interfacing • Elastic • Threads • Zips • Buttons 	<ul style="list-style-type: none"> • FL • WST • HIPS • Draft and cut pieces equally according to fashion • Square the materials • Identify sides • Interpret the measurements on materials • Waist bands • Draft waist band on straight
WEEK 8 &9	Pleated skirts	<ul style="list-style-type: none"> • Knife pleated skirts • Box pleated skirts • Inverted pleated skirts 	<ul style="list-style-type: none"> • Sun flag materials • Stiff paper • Zips • Buttons • Threads 	<ul style="list-style-type: none"> • Take measurements • Waist band • Draft parts • Practical exercise • Take measurements • Full length • Waist • Draft part, square the materials • Identify sides • Interpret the measurements on materials • Waist band • Draft waist on straight grain • Cut out waist band • Fix stiff paper

				on waist band
WEEK 10-14	Gomes	<ul style="list-style-type: none"> • Full Gomes • Half Gomes • Fish fashion Gomes 	<ul style="list-style-type: none"> • Printed fabrics • Blended polyester • Mudaliso • Buttons • Threads 	<ul style="list-style-type: none"> • Take measurements • Draft /cut out yoke • Draft sleeves and skirt • Practical exercise • Take measurements • Full length • Yoke width • Draft cut yoke • Square the materials • Identify sides • Interpret the measurements on materials • Draft sleeves • Apply standard measurements for sleeves
WEEK 15-17	Shorts and trouser	<p>Elastic pajamas Elastic back short Normal short with buttoned fly Normal short with zipper fly Trouser with turn up hem Trouser with plain hem</p>	<p>Sun flag materials White blended poplin Lining fabric Faster(zip, button, hook& eye) Thread</p>	<ul style="list-style-type: none"> • Take measurements • Draft front and back parts • Practical exercise • Take measurements • Full length • Waist Button width
WEEK 18-20	Mushanana on mark/fashion	<p>Sleeveless tops Dress tops</p>	<p>Printed fabrics Nylon materials Mudaliso</p>	<ul style="list-style-type: none"> • Take measurements • Draft skirt and

			Fasteners Threads	top PEX <ul style="list-style-type: none"> • Take measurements • Full length of blouse • Chest • Back • Draft skirt • Full length Waist
WEEK 21-24	Sleeveless blouses and party fashions	<ul style="list-style-type: none"> • Strapped blouses • Strapped dresses • Strapless blouses and dresses (party dresses) 	<ul style="list-style-type: none"> • Satin materials • Mix and match • Kitenge materials • Stiff paper • Blended poplin • Fasteners • Threads 	<ul style="list-style-type: none"> • Take measurements • Draft measurement • Draft back and front parts • PEX • Full length • Bust • Chest • Waist • Hip • x-back/yoke
WEEK 25-26	Financial management (Entrepreneurship skills)	<ul style="list-style-type: none"> • Book keeping 	<ul style="list-style-type: none"> • -Business consultant • -flip charts • -marker pens 	<ul style="list-style-type: none"> • To record • the income and expenditure